

# Community Engagement Noticeboard

25 November 2022

## Protect your community against increasing COVID-19 cases



Weekly data updated 25 Nov:

**22,281** total reported cases for the last 7 days

(+9.5% on the previous week)

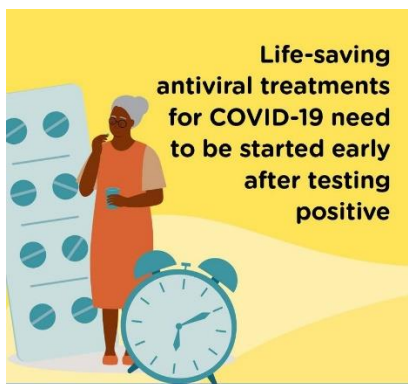
**430** cases in hospital

(+22.2% increase)

Source: [coronavirus.vic.gov.au](https://coronavirus.vic.gov.au)

- COVID-19 is still with us and cases and hospitalisations are on the rise.
- Keeping up with your vaccinations greatly reduces your risk of severe illness, hospitalisation, and death. It's one of [six simple steps](#) you can take to protect yourself and others.
- The [Moderna bivalent vaccine](#) is available as a booster dose for everyone aged 18 and above.
- Boosters help to create a broader immune response and improve the strength and duration of protection against severe disease, hospitalisation and death.
- Check out the new translated resources about boosters on the Australian Department of Health website. The [COVID-19 vaccine pack for multicultural communities](#) is translated into 63 languages..
- Book your next dose at the GP or local pharmacy using the [vaccine clinic finder](#). See page 2 for mobile clinics coming near you.

## Strong evidence that COVID medicines saves lives



- The Victorian Department of Health has [strong evidence](#) that COVID medicines saved lives during the last COVID wave.
- Victorians aged over 70 who took COVID medicines were 26% less likely to be hospitalised and 55% less likely to die than those who did not. Evidence also shows they decreased the risk of long COVID.
- It is important to take the antivirals within 5 days of getting sick, so use the [eligibility tool](#) to find out if you can get them. Talk to your GP about these medicines and have a plan in place.
- Test as soon as you have symptoms and [report your positive RAT](#) so you can access the medicines immediately, if eligible.

## South East Metro COVID Positive Pathways

- Targeted care and support is available for priority population groups including Aboriginal and Torres Strait Islanders, people aged over 80, people with a disability or their carer, refugees and asylum seekers and those that can't safely isolate at home.
- Organisations supporting these priority groups can make a referral for more support to Sandringham Ambulatory Care Centre by telephone on 9119 1025 or email [team@covidpathway.com.au](mailto:team@covidpathway.com.au)
- The Department of Health website has more information on [COVID Positive Care Pathways program](#).

## Mobile COVID-19 Vaccination Clinics open to the public



The Monash Health Ventura Vaccination Bus will be visiting the following Monash Health locations plus community events or locations with COVID-19 vaccine **available to staff, volunteers, patients and the public.** Click on the underlined words for more info.

- Moderna Bivalent third dose (booster) for people aged 18 years +
- Moderna Bivalent fourth dose (booster) for people aged 30+
- Moderna Bivalent fifth dose for those immunocompromised
- Pfizer also available for those eligible aged 12+
- Please bring Medicare card or IHI details.
- No bookings are required, simply pop in 45mins before closing.

**MPX** – Vaccination Team engaged in delivering Monkeypox vaccinations. See next page for locations.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
21	22	23	24	25	26	27
Casey Hospital Seminar Room 9am – 4pm	Greater Dandenong Walk Against Family Violence 10am – 2pm		Dandenong Hospital Ante Natal Room 9am – 4pm	Monash Health Community Dandenong 9am – 3pm	<u>Palm Plaza Dandenong</u> Meeting Room near Market 10am – 4pm <b>Monkeypox + COVID-19</b>	MPX
28	29	30	1	2	3	4
<u>Monash Health Moorabbin Hospital</u> 9am – 4pm	<u>Cheltenham Community Centre</u> 10am-2pm	<u>SEMPHN CLINIC</u> Dandenong Civic Centre 10am – 1pm Tues 29 Nov	<u>Monash Health Kingston Centre</u> 9am – 4pm	<u>Monash Health Community Springvale</u> 10am-3pm		MPX
5	6	7	8	9	10	11
<u>Monash Health Cranbourne</u> 10am-4pm	MPX	<u>Cheltenham Community Centre</u> 10am - 2pm	<u>Casey Hospital Seminar Room</u> 9am – 4pm	<u>Dandenong Hospital Ante Natal Room</u> 9am – 4pm		MPX

**Housebound?**  
Request an in-home vaccination here

**Need a speaker for an event?**  
Send us your enquiry here

**Want to find a clinic near you?**  
See Clinic Finder here for GPs & pharmacies

**Need help to book your vax?**  
SMS 'Hey EVA' to 0481 611 382

## Monkeypox (MPX) vaccination effective at preventing infection



**MONKEYPOX  
VACCINES NOW  
AVAILABLE**

STAY SAFE

For more information visit [sephu.org/monkeypox](https://sephu.org/monkeypox)



- Monash Health’s South East Public Health Unit is working with our health partners in the south east of Melbourne to deliver free vaccinations to people at high-risk of contracting MPX.
- Check for location details, eligibility, and clinic information at [sephu.org/monkeypox](https://sephu.org/monkeypox) as some clinics require an appointment.

### Mobile or pop-up vaccination clinic (no booking required):

- [Dandenong Palm Plaza](#) Saturday 26 Nov 10am – 4pm
- [Access Health St Kilda](#) Mondays from 28 Nov 11am – 3pm
- [Monash University - Clayton](#) Wednesday 14 Dec 10am – 4pm
- [Glen Eira GP Respiratory Clinic](#) Tuesday 6 December 12pm – 4pm

### Pop-up vaccination clinic (booking required):

- [Victorian Pride Centre](#) Saturday 4 Dec 10am – 4pm

### Current fixed vaccination sites:

- [Prahran Town Hall – Star Health](#) Walk-ins, 3 days per week
- [Clayton - Monash Health Immunisation](#) Appointment required
- [Clayton South – Mediclinic Clayton](#) Appointment required
- [Cranbourne West Medical Centre](#) Appointment required
- [Alfred Health Vaccination Clinic](#) Appointment required
- [Frankston Hospital – Peninsula Health](#) Appointment required



### Monkeypox facts

Symptoms typically include:

- Fever
- Chills
- Muscle aches
- Rash (a rash can appear on any part of the body)
- Sore throat
- Exhaustion
- Swollen lymph nodes
- Rectal pain

Monkey pox vaccines now available.

For more information visit [sephu.org/monkeypox](https://sephu.org/monkeypox)



## Get involved!



**16 DAYS OF ACTIVISM AGAINST GENDER-BASED VIOLENCE**

The **16 Days of Activism** against Gender-Based Violence is an annual campaign that begins on 25 November, the International Day for the Elimination of Violence against Women.

Click on logo to find out more.

These 16 Days, get involved! From amplifying the voices of survivors and activists to supporting women’s organisations, we can all act to empower survivors and reduce and prevent violence against women and girls.

## Check in on your mates!



**MOVEMBER MEN'S HEALTH AWARENESS**

CLICK HERE

- Heard of ALEC? Learn how to use this simple, proven, and helpful guide to reach out to a man who’s going through tough times.
- [Movember Conversations](#), is a new easy-to-use interactive online tool, that offers practical guidance on how to start a difficult conversation and support someone who is struggling.